

# Tuesday Caveman

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Tue, Jul 3, 2012 5:29 PM Eastern Time - NSW (Australia) By [divinicus](#)  
Activity Type: **Indoor Cardio** | Event Type: **Uncategorized** | Course: --

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Details Splits

## Summary

Distance: 0.00 km  
Time: 38:14  
Avg Speed: 0.0 km/h  
Calories: 532 C

## Details

**Heart Rate** bpm % of Max Zones  
Avg HR: 171 bpm  
Max HR: 186 bpm

## Laps 1

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Split	Time	Distance	Avg Speed
1	38:14.5	0.00	0.0
<b>Summary</b>	<b>38:14.5</b>	<b>0.00</b>	<b>0.0</b>

## Additional Information



Device:  
[Garmin Forerunner 410](#), 2.20.0.0

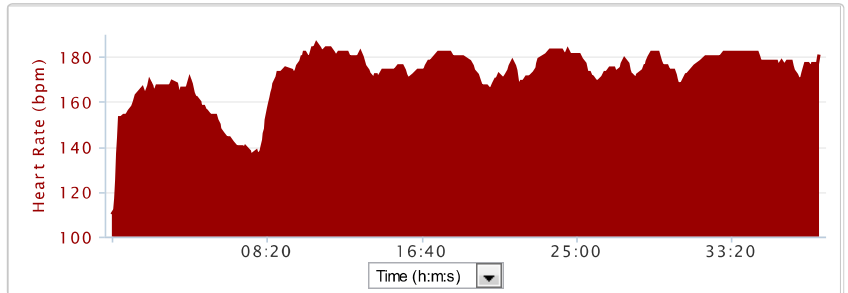
Summary Data:  
Original

## Charts

Average

### Timing

### Heart Rate



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