

Saturday Caveman

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Sat, Aug 25, 2012 9:09 AM Eastern Time - NSW (Australia) By [divinicus](#)
Activity Type: **Indoor Cardio** | Event Type: **Uncategorized** | Course: --

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Summary

Distance:	0.00 km
Time:	29:11
Avg Speed:	0.0 km/h
Calories:	418 C


Details

Heart Rate	bpm	% of Max	Zones
Avg HR:	163 bpm		
Max HR:	179 bpm		

Laps 1 View Splits

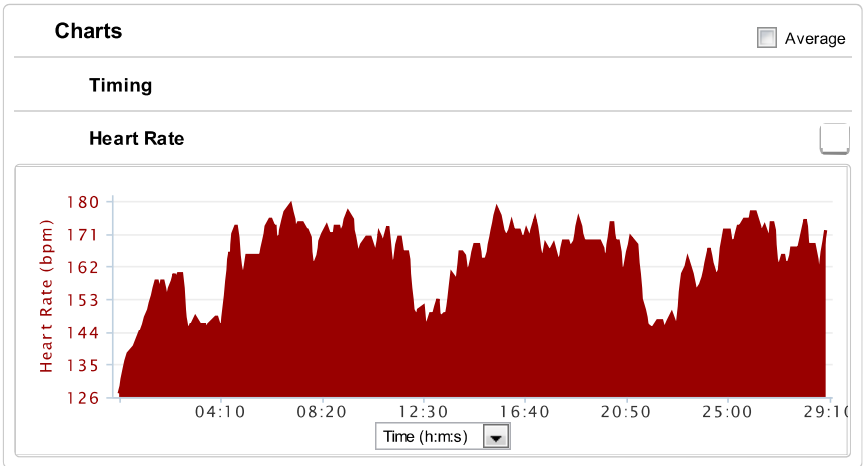
Split	Time	Distance	Avg Speed
1	29:11.0	0.00	0.0
Summary	29:11.0	0.00	0.0

Additional Information



Device:
[Garmin Forerunner 410, 2.20.0.0](#)

Summary Data:
Original



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